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## ASSESSMENT OF CYTOTOXICITY OF *GYROCARPUS ASIATICUS* CRUDE EXTRACT AGAINST HEPG2 CELL LINES BY INDUCING NUCLEAR MORPHOLOGY CHANGES & DNA FRAGMENTATION

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### Abstract

Plants have important substances with pharmacological effects and can be natural sources as new anticancer agents. Therefore in this study, Cytotoxicity of *Gyrocarpus asiaticus* were assessed by DNA fragmentation and nuclear morphology changes. MTT assay was used to assess the cytotoxicity of Gyrocarpus. The optical density (OD) of each well was measured at 560nm by using spectrophotometer. Results were generated from three independent experiments and each experiment was performed in triplicate. Cytotoxicity was expressed as the concentration of extract inhibiting cell growth by 50% (IC<sub>50</sub> value). DAPI staining assay was performed to identify the nuclear morphological changes, where the cells were then treated at IC<sub>50</sub> concentration of crude extract. Agarose gel electrophoresis was performed DNA fragmentation detection. The results of cytotoxic activity against HepG2 cancer cell lines shows IC<sub>50</sub> of 250IC<sub>50</sub> at 242.5 µg/ml indicates dose dependent manner. Further, nuclear morphology changes were carried by DAPI shows changes in morphology, apoptotic body formation. Apoptosis which was further confirmed through increasing nuclear DNA damage. The present study findings clearly indicated that *Gyrocarpus asiaticus* showed dose dependant cytotoxicity.

**Keywords:** HepG2 cell lines, MTT assay, DNA damage, DAPI, Apoptosis.

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## INTRODUCTION

Cancer is a major clinical problem which is a socio economic challenge of the healthcare system. Cancer is a leading cause of death worldwide and cancer related deaths are projected to increase over 11 million people globally by 2030 (World Health Organization, 2010). Hepatocellular carcinoma (HCC) is the fifth most common cancer and the third most common cause of cancer-related death, in which the recovery of HCC is low and therapies used to treat are rarely beneficial [1,2]. Cancer therapy generally combines surgery, multi-therapeutic agents and ionizing radiation which induce cell cycle arrest and cell death by apoptotic, non-apoptotic mechanisms (necrosis, senescence, autophagy and mitotic catastrophe) [3,4]. Major issues involves in conventional anticancer chemotherapy are the occurrence of side effects induced by normal and cancer cells [5] leads to complications of fatigue, pain, diarrhea, nausea, vomiting, and hair loss, gradual resistance of cancer cells against treatment. To overcome these problems cancer research focused in drug discovery has become a major goal by ethnomedical approach from natural sources. Among natural sources, plants have played an important role as a source of effective anticancer agents [6,7,8] with biologically active compounds. Biological compounds found in plant-derived dietary components exhibit anticarcinogenic activity. India referred to as the medicinal garden of the world, in which many plants have been used in traditional treatment of various malignancies from centuries. Studies have evaluated the biological activities of various phytochemicals produced from plants exert their anti-cancer activity through different mechanisms, including altered carcinogen metabolism, induction of DNA repair systems, immune activation, suppression of cell cycle progression and induction of apoptosis leads to cancer prevention [9,10]. Compared with the conventional cancer chemotherapy, the mixture of phytochemicals extracted from medicinal plants may have synergistic effect that targets several pathways responsible for cancer pathogenesis. This increases the therapeutic efficacy along with minimal side effects. In the present study, in vitro anticancer activity of *Gyrocarpus asiaticus* crude extract has been investigated against HepG2 cell lines by morphology changes and DNA fragmentation induction.

## MATERIALS & METHODS

### Determination of *In-vitro* Assay of Anticancer Activity

#### Cell lines and culture

Human hepato cellular carcinoma cell lines (HepG2) that is liver cancer cell lines were procured from national centre for cell sciences (NCCS), Pune. Stock cells were cultured in dulbecco's

modified eagle's medium (DMEM) supplemented with 10% inactivated fetal bovine serum (FBS), penicillin, streptomycin in a humidified atmosphere with 70-80% confluency. After receiving cells, culture was trypsinized and grown in fresh media of t-culture flasks. The t-culture flask was then marked with the seeding date, cell line, and the passage number. This cell suspension was then transferred to a new t-culture flask and allowed for incubation in 5% CO<sub>2</sub> at 37°C.

### Preparation of Test Solutions for cytotoxicity studies

Powdered leaves were extracted with methanol in soxhlet. Extracts were separately dissolved in 1% DMSO and volume was made with DMEM supplemented with 2% inactivated FBS to obtain a stock solution of 1 mg/ml concentration and sterilized by filtration which are used to carry out cytotoxic studies [11].

### Cytotoxicity assay (MTT Assay)

The 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) colorimetric assay was used to screen the cytotoxic activity of plant extract. The HepG2 cells were grown overnight on 96-well flat bottom cell culture plates, and were then exposed to different concentrations include 0.78, 1.56, 3.12, 6.25, 12.50, 25, 50, 100, 200, 300, 400, 500 and 1000 µg / ml of plant extract for 24hours. DMSO is used as negative control. 10µl MTT reagent prepared in 5.0 mg/ml phosphate buffered saline (PBS) was added to each well and incubated for 3 hours at 37°C. Finally, the medium with MTT solution was removed, and 200µl of DMSO were added to each well and further incubated for 20 minutes. The optical density (OD) of each well was measured at 560nm by using spectrophotometer. Results were generated from three independent experiments and each experiment was performed in triplicate. The cell viability ratio was calculated by the following formula,

$$\text{Inhibitory ratio (\%)} = (\text{OD control} - \text{OD treated}) / \text{OD control} \times 100.$$

Cytotoxicity was expressed as the concentration of extract inhibiting cell growth by 50% (IC<sub>50</sub> value) [12].

### Detection of Apoptosis by DAPI, DNA fragmentation assay

#### Detection of nuclear morphological changes using DAPI fluorescent dye staining assay

A DAPI staining assay was performed to identify the nuclear morphological changes. The cells were seeded in 6-well plates in the medium and incubated for 24hours. The cells were then treated at IC<sub>50</sub> concentration of crude extract of *Gyrocarpus asiaticus* for 24hours. Untreated cells were

used as controls which contains only the complete medium and cells. After treatment, the cells were washed with 1X PBS once and harvested using centrifugation at 4000 rpm at 4 °C for 5 minutes. The treated cells were fixed at –20°C for 10minutes with 50µl of methanol and water (1:1). The 100µl (1 µg/ml) of DAPI dye was added to the frozen cells and the mixture kept at 37°C for 30minutes for staining protected from light. Excess DAPI was then removed with the supernatant by centrifugation at 4000 rpm at 4°C for 5minutes and then observed under 40× magnification using fluorescent microscope [13,14,15].

### **DNA fragmentation detection using DNA laddering assay**

**DNA extraction:** HepG2 Cells were seeded in t-25 flask containing in DMEM medium and incubated at 37°C in 5% CO<sub>2</sub>. The treated and control cell samples were collected in to centrifuge tubes, washed with PBS and resuspended in EDTA buffer with pH 8.0 (10mM Tris, 1mM EDTA). Then they were incubated in ice for 30minutes with lysis buffer (pH 8.0) containing 20mM EDTA, 50mM Tris, 1% Sodium Dodecyl Sulfate (SDS).After incubation cells were treated with the IC<sub>50</sub> doses of plant extract along with a control (untreated cells).Centrifuge cells at 12000 rpm at 4°C for 10 minutes and discard supernatant. To the pellet add 0.5 ml volume of ice- cold 1M NaCl, 0.7ml of ice-cold isopropanol and vortex vigorously. Allow precipitation to proceed overnight at - 20°C. After, precipitation, recover DNA by centrifugation at 2700 rpm and the pellet was washed with 70% alcohol and dissolved in TE buffer. The solution was then incubated at 37°C for 30minutes with ribonuclease A (RNase A). To the pellet containing DNA add 70% alcohol and finally dissolved in TE buffer.

**Agarose gel electrophoresis:** For casting 1% Agarose gel add 0.8gm of agarose in 80ml of diluted 1X TBE buffer with the addition of 0.5mg/ml of ethidium bromide. The agarose mixture was poured into an electrophoresis chamber, and a gel comb was inserted to create wells for samples. Once solidified, the gel was transferred into a gel buffer tank. 5 µL of DNA 100 bp ladder used as marker, samples were carefully loaded into the wells, the electrophoresis was run at a constant ~50 volts until the dye front has reached 1-2 cm from the bottom of the gel. The gel was then examined through UV illumination for the detection of DNA fragments [16].

## **RESULTS & DISCUSSION**

### **Evaluation of Anticancer activity of *Gyrocarpus asiaticus* crude extract**

The IC<sub>50</sub> value was graphically obtained by plotting the percentage of growth inhibition against different concentrations of the crude extract of *Gyrocarpus asiaticus* shown in Figure 1. A

decrease in the viable cells were observed with the increase in the concentration of the extract. There was a dose depended increase in the cytotoxic activity. The crude extract at low concentration (0.78 $\mu$ g/mL) showed 99.62476548 % cell viability and at high concentration (500 $\mu$ g/mL) 17.3650198 % cell viability. The extract shows IC<sub>50</sub> value 242.50  $\mu$ g/mL which corresponds to cytotoxicity of approximately 250  $\mu$ g/ml concentration.

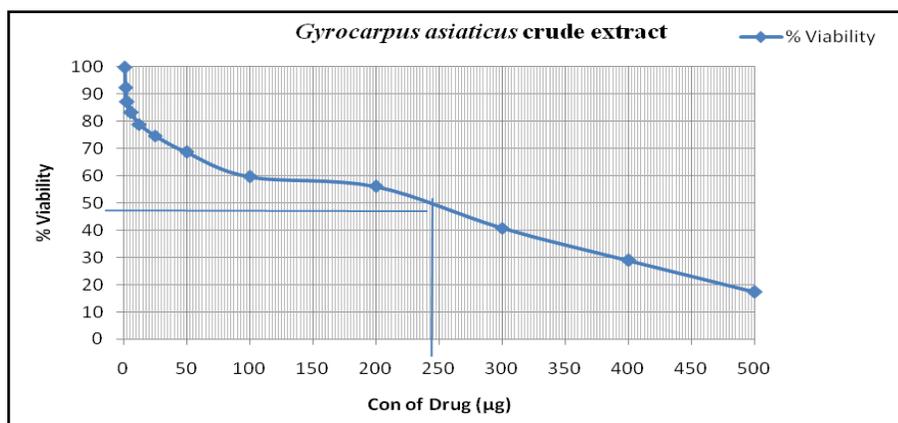


Fig.1: Cytotoxic activity of methanolic *Gyrocarpus asiaticus* crude extract on HepG2 cell lines treated with different concentrations

#### DAPI fluorescent dye staining assay

Cells were stained with DAPI fluorescent dye is to assess apoptosis after treatment of cell lines with plant extract with IC<sub>50</sub> concentration of *Gyrocarpus asiaticus* crude extract (250  $\mu$ g/ml) observed under microscope. Plant extract were observed to cause alterations of nuclear morphology by cell shrinkage, membrane blebbing, and apoptotic bodies shown in Figure 2.

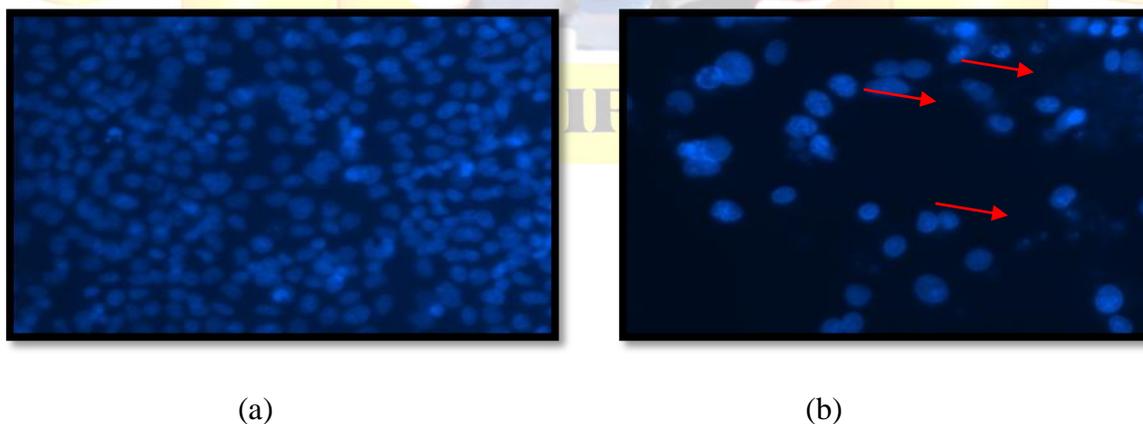
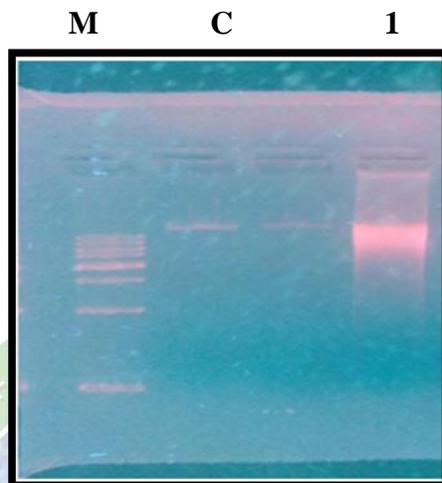


Fig. 2 : Nuclear morphological change of HepG2 cells stained with DAPI fluorescent dye at 24 hours. a. Untreated HepG2 cells b. HepG2 cells treated with 250  $\mu$ g/ml crude extract. Arrows indicate apoptotic nuclei by DNA condensation, apoptotic bodies.

### DNA fragmentation

Plant extracts damage the genomic DNA shown in figure 3 indicating a clear smear which indicates extensive DNA fragmentation, whereas the control do not show smear of DNA.



**Fig.3: DNA fragmentation of *Gyrocarpus asiaticus* crude extracts**

**M:** DNAmarker ladder

**C:** Control

**1:** cell lines treated with *Alphonsea sclerocarpa* crude extract

Cancer treatment methods include surgery, chemotherapy and radiotherapy have serious side effects and complications of fatigue, pain, diarrhea, nausea, vomiting, and hair loss, gradual resistance of cancer cells against treatment. A great effort has been given towards the research on complementary and alternative medicine that deals with cancer treatment. Plant based formulations play an important role in cancer treatment. In the present study, *Gyrocarpus asiaticus* crude extract cytotoxicity was measured by which MTT assay, which is an a colorimetric approach used to determine cell growth and cell cytotoxicity, It measures cell membrane integrity by determining mitochondrial activity through enzymatic reaction of MTT to formazan. The amount of formazan crystals produced by MTT is directly proportional to the number of viable cells. % of viability was decreased as the concentration increases. Fragmentation induction is the hall mark of apoptosis. *Gyrocarpus asiaticus* induces cytotoxicity by inducing apoptosis in HepG2 cell lines.

### CONCLUSION

Results from the present study show a significant decrease in viability of HepG2 cell lines by dose dependent manner. Extract treated cells shows nuclear morphology changes and induces

DNA fragmentation. The DNA fragmentation is the separation or breaking of DNA strands into pieces which is a biochemical hallmark of apoptosis which is a direct or indirect outcome of cell death. The present study concludes that plant acting as an efficient anticancer source.

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